

Hello wonderful Little Sprouts' families,

As we journey through the month of June, we will be watching the seasons as they change from Spring to Summer. We will celebrate Fathers' Day, and focus our time together on our garden helpers, the ladybug, and learning to navigate "hard to have" feelings.

Our seasonal movement verse will be "The Ladybug!" This verse will gently guide our children's listening and direction following skills as they use their bodies to act out the story. This will help to build their direction following abilities, participating in a group plan, motor planning, and sequencing. We will dive deeper into our understanding of ladybugs by hatching our own ladybugs to release into the garden and reading ladybug stories.

To explore our feelings, we will keep learning the feelings song, "I am Kind" and continue reading our Kimochi's books. These books will give our kids the tools to navigate through their big feelings and behaviors. To get started we will meet the Kimochi's characters and learn how they handle their feelings and redo hurtful moments through a mix of "hard to have" and "enjoy to have" feelings. After each book, we will talk about and practice the skills the characters teach us.

To celebrate Father's Day, we will craft a toolbox and fill it with tools that share our kids' favorite qualities about their Dads. This will develop hand strength and coordination by punching the tool shapes out of the foam sheets, letter formation skills as they write on the tools, and focus and direction following as they complete the task step by step. This time of reflection will create a three-dimensional card to show their appreciation for their fathers.

Our group activities will include the fine motor craft of making tissue paper ladybugs. It will strengthen the kids' skills by using the pincer grasp, gluing, following simple directions, focus, impulse control, and sharing materials. We will also be baking peanut butter cereal bars. Using the stove, we will observe the peanut butter and honey melt together into a sticky goo which we will stir into the cereal and press into a pan with our hands. This will create a bar that will satisfy all their sensory needs and their tummies too. In addition, it will encourage taking turns, impulse control, completion of a task, and following simple directions. These skills will be practiced again as we navigate playing a ladybug memory board game. Also, we will build an obstacle course to practice turn taking, impulse control, and gross motor movements like jumping, throwing, crawling, and balance.

Below you will find the links and words to the wonderful songs and verses for this month. Please feel free to sing and practice these with your kiddos ahead of time and all month long. This preview and practice will help to ease the anxiety and stress that new experiences and changes can bring. Which in turn, allows your child the calm needed to learn and grow.

With hope that summer brings the sun.

Warmest regards,

Emily

### Feeling Song

I am Kind – Lindsay Munroe

[https://www.youtube.com/watch?v=UDc\\_8ikXcM](https://www.youtube.com/watch?v=UDc_8ikXcM)

### Movement Verse

The Ladybug!

I took a walk the other day,  
to watch the birds and smell the hay.  
Upon a Flower, smelling sweet,  
sat a little Ladybug, so neat.

She brushed her legs and cleaned her wings,  
then walked about the Flower's rings.  
I looked at her for quite a while,  
she was so cute it made me smile.

She folded her wings,  
then spread them once more,  
and then she flew away  
and I saw her no more!

### Mealtime Verse-

Thank you for our happy hearts  
For rain and sunny weather  
Thank you farmers for this food  
And that we are together

Clean up song- skip forward to 3:00

<https://www.youtube.com/watch?v=vXPTN-lw46I>

Welcome Song

Good Morning Dear Earth

<https://www.youtube.com/watch?v=sfSmzx0LG8M>