

Hello wonderful Little Sprouts' families,

Everywhere I look, flowers are blossoming and blooming. It is easy to find inspiration for our journey through the month of May, the season of spring, and the celebrations of May Day and Mother's Day. Our time together will be focused on growing plants, mothers, and learning to navigate "hard to have" feelings.

Our seasonal movement verse and song will be "A Little Seed" and "The Bonny Bluebells. They will gently guide our children's listening and direction following skills as they use their bodies to act out the story they hear. This will build their understanding of the plant life cycle, following directions, participating in a group plan, motor planning, and sequencing.

To celebrate May Day and Mother's Day, we will begin by being flexible and changing our usual group rhythm. The way things fell on the calendar this year, both holidays will need to be celebrated on the same day. To fit it all in, we will start the day by making flower crowns. Then transition to circle time and listen to our Mother's day book [She Is Mama](#). After snack, we will dance and wrap ribbons around our May pole as we sing "Here We Go Round the Maypole High." The final piece to our celebrations will be crafting Mother's Day cards for all the wonderful Mamas in our lives.

On April 14<sup>th</sup>, weather permitting, we will head out on an adventure and have a field trip. We're going to Grandma's garden for some planting time! After enjoying some play in the fairy glen, we will enjoy an outside circle time and snack. Then our children will decorate terracotta pots, fill them with soil, and plant marigold seeds. Over the next month our children will water them and watch them grow. This will encourage patience, responsibility, and nurturing.

To explore our feelings, we will continue reading and discussing the tools in our Kimochis' books. These books will give our kids the skills to navigate through their big feelings and behaviors. This month, we will meet a new Kimochis' character, Bella Rose, and see how she navigates through her hard to have feelings and redo hurtful moments.

Our group activities will include the fine motor crafts of making Mother's Day cards, decorating flowerpots, and making flower pinwheels. These will strengthen our children's skills in using the pincer grasp, glue, peeling sticker backs, following simple directions, focus, impulse control, and sharing materials.

For our May cooking project, Tessa will teach us the value of a flower that is usually thought of as a weed. She is going to guide us through the steps to bake a dandelion snack. If I can find us a patch, we will forage for dandelions and then turn them into a treat for our senses to enjoy. Cooking together will increase our impulse control, turn taking skills, following simple directions, and meet many of our sensory needs.

Below you will find the links and words to the wonderful songs and verses for this month. Please feel free to sing and practice these with your kiddos ahead of time and all month long.

This preview and practice will help to ease the anxiety and stress that new experiences and changes can bring. Which in turn, allows your child the calm needed to learn and grow.

May your month bloom with beauty.

I look forward to spending it with you.

Warmest regards,

Emily

### May Day Song

#### Here We Go Round the Maypole High

<https://www.lavendersbluehomeschool.com/blogs/song-here-we-go-round-the-maypole-high>

Here we go round the Maypole high,

The Maypole high,

The Maypole high,

Here we go round the Maypole high,

Let colored ribbons fly.

### Movement Verse

#### A Little Seed

A Little Seed for me to sow,

A Little Earth to make it grow.

A Little hole, a little pat,

A Little wish, and that is that.

A Little sun, a little shower,

A little wait and then a flower.

### Seasonal Song

#### In and Out the Bonny Bluebells

<https://www.youtube.com/watch?v=-pXRoUwvNSg>

In and out the Bonny Bluebells

In and out the Bonny Bluebells

In and out the Bonny Bluebells

Won't you be my partner

Pitter patter pitter patter on my shoulder

Pitter patter pitter patter on my shoulder

Pitter patter pitter patter on my shoulder

Won't you be my partner

Mealtime Verse-

Thank you for our happy hearts

For rain and sunny weather

Thank you farmers for this food

And that we are together

Clean up song- skip forward to 3:00

<https://www.youtube.com/watch?v=vXPTN-lw46I>

Welcome Song

Good Morning Dear Earth

<https://www.youtube.com/watch?v=sfSmzx0LG8M>

