

Hello Wonderful Little Sprouts' families,

The weather has officially turned blustery and fall is in full swing. Our time together is getting increasingly cozy with more time indoors staying warm by the glow of the fire. Whenever the cooler seasons begin, I often find myself wanting to curl up and read. This feeling has inspired our theme for the coming month of Fairy Tales with a social focus on the life lessons that can be found within them.

When we gather for circle time, we will explore our theme through stories, songs and games. We will sing the "Fairy Tale Song" which will introduce some of the classic themes and elements of fairy tales. Like beginning with "Once upon a time," and ending with "Happily ever after." These will be echoed in the stories we read and by the end of the month, should feel expected and natural to our kiddos. For our movement game, we will be playing "Magic Beans" which will guide us through various motions based on the different kinds of beans there are. During our circle, our kids will be developing their skills of listening, participating, impulse control, following a group plan, gross motor movements, and much more.

Our Social focus will be found within the life lessons that are highlighted within the fairy tales we read. You may have heard me refer to the rules of life. These are the unspoken rules we follow. These rules are taught in the form of life lessons within fairy tales. Fairy tales have a rich influence on our everyday lives. They teach us values, important lessons, and help us to cope with difficult emotions. By exploring these stories, our children can begin to build a moral code and understand the expectations of the society in which they live.

We will strengthen our fine motor skills through crafts that will support the stories we hear at circle time. Together we will decorate a basket for goodies, make a bear mask, create a frog prince crown and cook a pea snack with Tessa. These crafts and activities will develop hand strength, following simple directions, sharing materials, practicing the pincer grasp, asking for help, working through frustration, impulse control, building focus, and sensory exploration.

Below, you will find the links and words to the wonderful songs and verses for this month. Please feel free to sing and practice these with your kiddos ahead of time and all month long. This preview and practice will help to ease the anxiety and stress that new experiences and changes can bring. Which in turn, allows your child the calm they need to learn and grow.

May your month be filled with cozy stories.

Warmest regards,

Emily

Welcome Song: Halo a H-uile Duine (Hello Everybody)

[https://www.youtube.com/watch?v=xNNUOCOY\\_8I](https://www.youtube.com/watch?v=xNNUOCOY_8I)

Hello Everybody x2

How are you today?

(name) is feeling \_\_\_\_\_

That's how she/he's doing today

Fairy Tale song- To the tune of Jingle Bells

Once upon a time

In a land so far away

A Princess kissed a frog

Well that just made his day

Far across the town

Red riding hood to fright

She found a wolf in Granny's bed

When she told her goodnight

Oh Fairy tales, Fairy tales

Read them every day

Oh what fun it is to hear

How Goldilocks got away!

Fairy Tales, Fairy Tales

Full of joy and laughter

Do you know how this one ends?

Why it's Happily Ever After!

Mealtime Verse-

Thank you for our happy hearts

For rain and sunny weather

Thank you, farmers, for this food

And that we are together

Clean up song- skip forward to 3:00

<https://www.youtube.com/watch?v=vXPTN-lw46I>